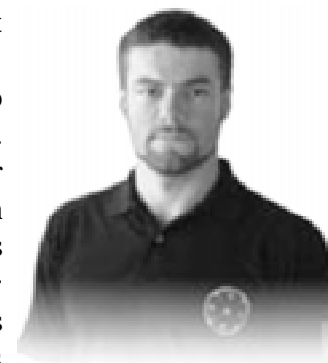




Rick "Kamikaze" Nakayama was born in Brazil, and is married. He has one son who is following in his father's footsteps. Master "Kamikaze" Nakayama created and developed today's most sought-after personal defense & knife fighting system: **SOTAI SYSTEM**. Brazilian SOTAI SYSTEM is a very advanced and revolutionary method, whose main characteristics are the extreme efficiency and simplicity of the techniques, along the utmost care for the preservation of the practitioners well-being. We can say that SOTAI SYSTEM is the most vicious, brutal and ruthless fighting system to one's foes, and a very secure one and friendly to its students. He started his training before he was 5 years old, under the wise guidance of his father and first Karate Master: worldwide renowned **Sensei Nakayama**, deceased.

(Sensei Nakayama, Sr., moved from Japan to Brazil to teach Karate, a mission he accomplished with honour). For more than 30 years, Master Rick "Kamikaze" Nakayama honored his earlier teachings, pursuing a lifelong search for the ultimate Martial Art; he learned and earned Grades in such diverse Martial Arts, Contact Sports and Combat Techniques as Arnis de Mano, Kick Boxing, Hapkido, Karatê, Krav-Magá, Muay Thai, Jiu-Jitsu, Brazilian Jujitsu, Vale-Tudo, Kombato, Aikido, Capoeira, Occidental and Oriental Boxing, Judô and Kung Fu, besides being a Combat Handgun Master and teacher. Since 1982 he has taught at the most prestigious Dojos and Security Institutions (both Public and Private). His research on weapons combat started in 1978, when he started to learn the martial use of such traditional weapons as the Bo (long wooden stick), Chinese Short, Medium and Long Swords, Katana Sword, Balisong Knives, and the Nunchaku. At 22 years of age, he moved to Japan, where he earned his 2nd Dan in Karate, and there trained with several traditional Masters of different schools of Martial Arts, specially the Internal Arts, which were then very secret to the outsiders. After a 2-years period in Japan, Rick "Kamikaze" Nakayama moved to China, where he refined his skills on the Internal Arts like Tai-Chi, Chi-Kung, and Dim-Mak. Back in Brazil, he was the first Martial Arts Master to develop a systematized Knife Fighting System, uniting the raw realities of the Streets, with the coordinated methodology of the Oriental Dojo, along with a rational, simple approach, that incorporated unarmed defense skills with the Knife Fighting techniques. Since the early '80's, Rick "Kamikaze" Nakayama has taught unarmed self-defense, Knife Fighting, Tonfa and ASP (Baton) police techniques, as well as a very effective, street-proven, improvised weapons combat system using common items. For about 10 years, he was the technical manager of Latin America's largest private security institution, where he taught self-defense to more than 50.000 trainees. Besides being such a skilled Master on the Combat Arts, Rick "Kamikaze" Nakayama is also a Mathematics teacher, a Fighting Knives designer, and a very accomplished illustrator. He has a website: www.sotai.com.br, where internauts can see his techniques in photos and short movies.

Pedro "Fat" Cavalcanti is a Brazilian who started studying Judo at the age of 7 and who is now an accomplished master of this art. Pedro, however, has been in a constant search for the ultimate fighting system, so he also studied Kendo, Boxing, and the "Vale-Tudo" form of Brazilian Jujitsu. Pedro's interest in knives started while he served with the paratrooper branch of the Brazilian Armed Forces (Army). He knew a good thing when he saw it, and trained under Master Nakayama's direct supervision. He is today's most accomplished Brazilian student of this art, and is a Master Instructor. Pedro is now an advisor on threats management for radical sports and other high risk outdoors activities. His website is www.adventurefactory.com.br





Mad Abe – a.k.a. **J.R.R. Abrahão**, is a well known author in his native country of Brazil. He has over 60 published works, the most influential of which deal with the subjects of magic, sorcery, and the occult. Starting at Judo at the age of 4, under the worldwide renowned **Sensei Yamazaki**, and at Karate at 7, he graduated in these Arts. Besides these, he trained in several Martial Arts along the years, like Tae-Kwon-Do, Kung-Fu Wing-Chun, Tai-Chi, Chi-Kung, Occidental Boxing, Arnis, Fencing, Combat Hapkido, and Sotai System. He is also a Master at Pistol, Submachinegun, Shotgun, and Rifle. He now works as an attorney, but from 1980 to 1996 he battled the forces of Communism at home and abroad. He still does occasional “advisor” work in the fields in which he has expertise, specially terrorism, NBCR-warfare/MD-weapons, and armed combat. His spare time is spent with his favorite playthings. The 20,000 + rounds per year he fires from his machine gun and “destructive devices” collection would bankrupt a lesser man. When diversions with guns become tiring, he likes to light up a flame thrower. Special times are spent testing improvised fuel/air explosive devices (see *“Home Workshop Explosives”, 2nd. edition, by Uncle Fester*, to see some of his ideas on *FAM/FAE* devices). Mad Abe was also a VIP-BG to the Mayor of São Paulo city (largest South American city) in the late '80's, and also to other State VIP's. Retired from the operative field, he now serves the people by offering the world's largest free virtual library at www.alexandriavirtual.com.br



Uncle Fester – a.k.a. **Steve Preisler**, is the author of several books, and is generally recognized as the world's foremost clandestine chemist. His most influential works include *Secrets of Methamphetamine Manufacture*, *Home Workshop Explosives*, and *Silent Death*. Fester was an outstanding wrestler in high school and college, and when he saw the original Portuguese-language edition of this book he was fascinated and began to study and train. He became the first American student of this school of Brazilian knife fighting. He next undertook the English translation and rewrite of the original text. Fester is the father of two children, and he at present works a dayjob as an industrial chemist to support them in the style they are used to. When not working that dayjob or raising his children, he writes more books, researches the problems facing clandestine chemists, runs Festering Publications, and trains for marathons. His website is www.unclefesterbooks.com