



# Foreword

Knife fighting is a subject that has been covered in many books, articles and videos over the years.

There are many different styles of this art and science developed in countries and among cultures around the world.

I am certainly no expert on this subject. Indeed, I don't consider myself an authority on knife fighting in any way. But I have been the victim of an attempted armed robbery in which I faced three assailants armed with a large butcher knife.

I have also studied Karate and other martial arts.

And in my nearly two decades as an editor of survival publications, I've seen quite a few texts from books and articles on knife fighting, along with numerous training video tapes on different martial arts styles employing techniques to defend against knife attacks.

Bloody Brazilian Knife Fightin' Techniques is unique among these, due to its comprehensive approach to the subject, and its eclectic method.

It's an interesting read and highly informative educational tool for anyone interested in defending themselves against armed or unarmed assailants.

There is in-depth discussion, accompanied by high-quality illustrations, of knife-fighting techniques, training for these, types of knives available for combat situations, and the mental preparations required to be able to react with the speed and effectiveness to stay alive amid the vicious actions of knife combat.

The book's authoritative content is due to the combined, accumulated knowledge of its four authors' long and varied training, studies and experience.

Knowledge is drawn from both from within Brazil, the main area of focus, and from other countries where knife fighting techniques have been studied.

**"Mad Abe"**, as **J.R.R.Abrahão** is sometimes called, started Judo training when he was just 4 years old. He began Karate training at age 7. He has trained in several other martial arts and combat sports, including Chi Kung, Western-style boxing and Arnis. As a former intelligence officer for his country he has worked on high-risk assignments in home and abroad.

**Master Rick "Kamikaze" Nakayama** created and developed the "SOTAI System" of personal defense and knife fighting, an ad-



vanced and revolutionary method whose main characteristics are the efficiency and simplicity of the techniques and its emphasis on the safety of the practitioner.

**“Fat Pedro” Cavalcante** began Judo training when he was just 7 years old. He has also trained in Kendo, Occidental boxing and “Vale-Tudo.” His interests in knife fighting began when he served in a Brazilian Army paratrooper brigade. He has studied under Master Nakayama’s direct supervision and is today himself a qualified master instructor of the SOTAI System.

**“Uncle Fester”**, founder of UncleFester Books.com, was the first American student of the SOTAI System and is the publisher of this book.

This book is not for the squeamish or faint of heart. Its subject matter is deadly serious. Survival is not a sport or a game.

For those of us who have faced knife-wielding assailants, there is a defining moment, that split second in which you realize you are facing ghastly wounding or death and you **MUST** act and act decisively.

As is pointed out in the book, your mind-set in a knife fight is everything:

“Some [knife fighting] methods, undoubtedly, are more efficient than others but with any of them the most important element is the mental preparation.

There must be an internal change of the combatant, the development of an unflinching spirit when facing death, the final destiny of every human being...which so few of us are really prepared to meet.”

Having a good quality knife you can use to defend yourself, and having the capability of reacting effectively against a knife-wielding attacker provides a great deal of peace of mind, and self-assurance.

This book is a powerful resource to help you gain that peace of mind and self-assurance.

**Jim Benson**  
**Editor & Publisher**  
**ModernSurvival.net**  
**June 2004**

**Jim Benson** is one of the foremost experts in Survival & Survivalism and surely the most seasoned publisher on this topic.

He is the former editor of the historic **“ASG - American Survival Guide”** and now, once again on the first line, he is publishing a Survival Magazine on the “last frontier”: the Internet.

See his virtual magazine **“Modern Survival”**, a heir to his tradition, at [www.modernsurvival.net](http://www.modernsurvival.net)